Cross Country at Dundee - 9/30/2025
9/30/2025
Rankings

Boys 5k Run CC

	Comp#	Name	School	Time	Points
1	104	Brock, Trey	South Seneca/Romulus	18:02	
2	67	Tette, Finn	Penn Yan Academy	18:38	
3	92	Heinkel, Tre	Sodus Central	19:12	1
4	14	Billings, Brogan	East Palmyra Christian	19:17	
5	83	Poinan, Lonnie	Red Jacket	19:22	
6	66	Smith, Brisco	Penn Yan Academy	19:31	
7	49	Raes, Ike	Midlakes	19:58	
8	78	Lepel, Josh	Red Jacket	20:17	
9	90	Cusworth, Logan	Sodus Central	20:20	2
10	74	Elmore, Lucas	Red Jacket	20:24	
11	107	Poyneer, Curtis	South Seneca/Romulus	20:34	
12	22	Pembroke, Isaac	East Palmyra Christian	20:47	
13	105	Clark-Cuson, Trevor	South Seneca/Romulus	20:47	
14	76	Laursen, Reed	Red Jacket	21:04	
15	58	McManus, Liam	Palmyra-Macedon	21:06	
16	16	Lovell, Noah	East Palmyra Christian	21:17	
17	95	Tack, Kane	Sodus Central	21:24	3
18	23	Stachowicz, Miles	East Palmyra Christian	21:56	
19	81	Mobley, Sidney	Red Jacket	22:08	
20	80	McWilliams, Daniel	Red Jacket	22:16	
21	91	Dearing, Bodhi	Sodus Central	22:19	4
22	31	Palermo, Sam	Honeoye Central-XC	22:25	
23	82	O'Hora, Liam	Red Jacket	23:18	
24	94	Martinez, Will	Sodus Central	23:27	5
25	21	Pembroke, Eli	East Palmyra Christian	23:30	
26	75	Johnstone, Viktor	Red Jacket	23:49	
27	51	Trickey, Brayden	Midlakes	24:11	
28	33	Warren, Cyrus	Honeoye Central-XC	24:24	
29	46	Finewood, Christopher	Midlakes	24:30	
30	44	Bozada, Cemal	Midlakes	24:48	
31	84	Zhao, Justin	Red Jacket	25:06	
32	20	Peck, Elijah	East Palmyra Christian	25:23	
33	47	Jensen, Blake	Midlakes	25:41	
34	59	Wheeler, Zachary	Palmyra-Macedon	26:12	
35	56	Galens, Jonathon	Palmyra-Macedon	26:26	
36	106	Parry, James	South Seneca/Romulus	26:28	

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Event 2 Boys 5k Run CC

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========================================================================
   Name                      Year School              Finals  Points
========================================================================
East Palmyra vs Honeoye Cent 5000 Run
   4 Billings, Brogan          East Palmyra          19:17    1
  12 Pembroke, Isaac           East Palmyra          20:47    2
  16 Lovell, Noah              East Palmyra          21:17    3
  18 Stachowicz, Miles         East Palmyra          21:56    4
  22 Palermo, Sam              Honeoye Central-XC    22:25
  25 Pembroke, Eli             East Palmyra          23:30    5
  28 Warren, Cyrus             Honeoye Central-XC    24:24
  32 Peck, Elijah              East Palmyra          25:23    6
East Palmyra vs Midlakes 5000 Run
   4 Billings, Brogan          East Palmyra          19:17    1
   7 Raes, Ike                 Midlakes              19:58    2
  12 Pembroke, Isaac           East Palmyra          20:47    3
  16 Lovell, Noah              East Palmyra          21:17    4
  18 Stachowicz, Miles         East Palmyra          21:56    5
  25 Pembroke, Eli             East Palmyra          23:30    6
  27 Trickey, Brayden          Midlakes              24:11    7
  29 Finewood, Christopher     Midlakes              24:30    8
  30 Bozada, Cemal             Midlakes              24:48    9
  32 Peck, Elijah              East Palmyra          25:23   10
  33 Jensen, Blake             Midlakes              25:41   11
East Palmyra vs Palmyra-Mace 5000 Run
   4 Billings, Brogan          East Palmyra          19:17    1
  12 Pembroke, Isaac           East Palmyra          20:47    2
  15 McManus, Liam             Palmyra-Macedon       21:06
  16 Lovell, Noah              East Palmyra          21:17    3
  18 Stachowicz, Miles         East Palmyra          21:56    4
  25 Pembroke, Eli             East Palmyra          23:30    5
  32 Peck, Elijah              East Palmyra          25:23    6
  34 Wheeler, Zachary          Palmyra-Macedon       26:12
  35 Galens, Jonathon          Palmyra-Macedon       26:26
East Palmyra vs Penn Yan Aca 5000 Run
   2 Tette, Finn               Penn Yan Academy      18:38
   4 Billings, Brogan          East Palmyra          19:17    1
   6 Smith, Brisco             Penn Yan Academy      19:31
  12 Pembroke, Isaac           East Palmyra          20:47    2
  16 Lovell, Noah              East Palmyra          21:17    3
  18 Stachowicz, Miles         East Palmyra          21:56    4
  25 Pembroke, Eli             East Palmyra          23:30    5
  32 Peck, Elijah              East Palmyra          25:23    6
East Palmyra vs Red Jacket 5000 Run
   4 Billings, Brogan          East Palmyra          19:17    1
   5 Poinan, Lonnie            Red Jacket            19:22    2
   8 Lepel, Josh               Red Jacket            20:17    3
  10 Elmore, Lucas             Red Jacket            20:24    4
  12 Pembroke, Isaac           East Palmyra          20:47    5
  14 Laursen, Reed             Red Jacket            21:04    6
  16 Lovell, Noah              East Palmyra          21:17    7
  18 Stachowicz, Miles         East Palmyra          21:56    8
  19 Mobley, Sidney            Red Jacket            22:08    9
  20 McWilliams, Daniel        Red Jacket            22:16   10
  23 O'Hora, Liam              Red Jacket            23:18   11
  25 Pembroke, Eli             East Palmyra          23:30   12
```

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....Event 2 Boys 5k Run CC

26	Johnstone, Viktor	Red Jacket	23:49	
31	Zhao, Justin	Red Jacket	25:06	
32	Peck, Elijah	East Palmyra	25:23	13

East Palmyra vs Sodus Centra 5000 Run

3	Heinkel, Tre	Sodus Central	19:12	1
4	Billings, Brogan	East Palmyra	19:17	2
9	Cusworth, Logan	Sodus Central	20:20	3
12	Pembroke, Isaac	East Palmyra	20:47	4
16	Lovell, Noah	East Palmyra	21:17	5
17	Tack, Kane	Sodus Central	21:24	6
18	Stachowicz, Miles	East Palmyra	21:56	7
21	Dearing, Bodhi	Sodus Central	22:19	8
24	Martinez, Will	Sodus Central	23:27	9
25	Pembroke, Eli	East Palmyra	23:30	10
32	Peck, Elijah	East Palmyra	25:23	11

East Palmyra vs South Seneca 5000 Run

1	Brock, Trey	South Seneca	18:02	
4	Billings, Brogan	East Palmyra	19:17	1
11	Poyneer, Curtis	South Seneca	20:34	
12	Pembroke, Isaac	East Palmyra	20:47	2
13	Clark-Cuson, Trevor	South Seneca	20:47	
16	Lovell, Noah	East Palmyra	21:17	3
18	Stachowicz, Miles	East Palmyra	21:56	4
25	Pembroke, Eli	East Palmyra	23:30	5
32	Peck, Elijah	East Palmyra	25:23	6
36	Parry, James	South Seneca	26:28	

Honeoye Cent vs Midlakes 5000 Run

7	Raes, Ike	Midlakes	19:58	1
22	Palermo, Sam	Honeoye Central-XC	22:25	
27	Trickey, Brayden	Midlakes	24:11	2
28	Warren, Cyrus	Honeoye Central-XC	24:24	
29	Finewood, Christopher	Midlakes	24:30	3
30	Bozada, Cemal	Midlakes	24:48	4
33	Jensen, Blake	Midlakes	25:41	5

Honeoye Cent vs Palmyra-Mace 5000 Run

15	McManus, Liam	Palmyra-Macedon	21:06	
22	Palermo, Sam	Honeoye Central-XC	22:25	
28	Warren, Cyrus	Honeoye Central-XC	24:24	
34	Wheeler, Zachary	Palmyra-Macedon	26:12	
35	Galens, Jonathon	Palmyra-Macedon	26:26	

Honeoye Cent vs Penn Yan Aca 5000 Run

2	Tette, Finn	Penn Yan Academy	18:38	
6	Smith, Brisco	Penn Yan Academy	19:31	
22	Palermo, Sam	Honeoye Central-XC	22:25	
28	Warren, Cyrus	Honeoye Central-XC	24:24	

Honeoye Cent vs Red Jacket 5000 Run

5	Poinan, Lonnie	Red Jacket	19:22	1
8	Lepel, Josh	Red Jacket	20:17	2
10	Elmore, Lucas	Red Jacket	20:24	3
14	Laursen, Reed	Red Jacket	21:04	4
19	Mobley, Sidney	Red Jacket	22:08	5
20	McWilliams, Daniel	Red Jacket	22:16	6
22	Palermo, Sam	Honeoye Central-XC	22:25	
23	O'Hora, Liam	Red Jacket	23:18	7
26	Johnstone, Viktor	Red Jacket	23:49	

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....Event 2 Boys 5k Run CC

28 Warren, Cyrus	Honeoye Central-XC	24:24	
31 Zhao, Justin	Red Jacket	25:06	

Honeoye Cent vs Sodus Centra 5000 Run

3 Heinkel, Tre	Sodus Central	19:12	1
9 Cusworth, Logan	Sodus Central	20:20	2
17 Tack, Kane	Sodus Central	21:24	3
21 Dearing, Bodhi	Sodus Central	22:19	4
22 Palermo, Sam	Honeoye Central-XC	22:25	
24 Martinez, Will	Sodus Central	23:27	5
28 Warren, Cyrus	Honeoye Central-XC	24:24	

Honeoye Cent vs South Seneca 5000 Run

1 Brock, Trey	South Seneca	18:02	
11 Poyneer, Curtis	South Seneca	20:34	
13 Clark-Cuson, Trevor	South Seneca	20:47	
22 Palermo, Sam	Honeoye Central-XC	22:25	
28 Warren, Cyrus	Honeoye Central-XC	24:24	
36 Parry, James	South Seneca	26:28	

Midlakes vs Palmyra-Mace 5000 Run

7 Raes, Ike	Midlakes	19:58	1
15 McManus, Liam	Palmyra-Macedon	21:06	
27 Trickey, Brayden	Midlakes	24:11	2
29 Finewood, Christopher	Midlakes	24:30	3
30 Bozada, Cemal	Midlakes	24:48	4
33 Jensen, Blake	Midlakes	25:41	5
34 Wheeler, Zachary	Palmyra-Macedon	26:12	
35 Galens, Jonathon	Palmyra-Macedon	26:26	

Midlakes vs Penn Yan Aca 5000 Run

2 Tette, Finn	Penn Yan Academy	18:38	
6 Smith, Brisco	Penn Yan Academy	19:31	
7 Raes, Ike	Midlakes	19:58	1
27 Trickey, Brayden	Midlakes	24:11	2
29 Finewood, Christopher	Midlakes	24:30	3
30 Bozada, Cemal	Midlakes	24:48	4
33 Jensen, Blake	Midlakes	25:41	5

Midlakes vs Red Jacket 5000 Run

5 Poinan, Lonnie	Red Jacket	19:22	1
7 Raes, Ike	Midlakes	19:58	2
8 Lepel, Josh	Red Jacket	20:17	3
10 Elmore, Lucas	Red Jacket	20:24	4
14 Laursen, Reed	Red Jacket	21:04	5
19 Mobley, Sidney	Red Jacket	22:08	6
20 McWilliams, Daniel	Red Jacket	22:16	7
23 O'Hora, Liam	Red Jacket	23:18	8
26 Johnstone, Viktor	Red Jacket	23:49	
27 Trickey, Brayden	Midlakes	24:11	9
29 Finewood, Christopher	Midlakes	24:30	10
30 Bozada, Cemal	Midlakes	24:48	11
31 Zhao, Justin	Red Jacket	25:06	
33 Jensen, Blake	Midlakes	25:41	12

Midlakes vs Sodus Centra 5000 Run

3 Heinkel, Tre	Sodus Central	19:12	1
7 Raes, Ike	Midlakes	19:58	2
9 Cusworth, Logan	Sodus Central	20:20	3
17 Tack, Kane	Sodus Central	21:24	4
21 Dearing, Bodhi	Sodus Central	22:19	5

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....Event 2   Boys 5k Run CC

```
24 Martinez, Will           Sodus Central       23:27    6
27 Trickey, Brayden         Midlakes            24:11    7
29 Finewood, Christopher    Midlakes            24:30    8
30 Bozada, Cemal            Midlakes            24:48    9
33 Jensen, Blake            Midlakes            25:41   10
```

Midlakes vs South Seneca 5000 Run
```
 1 Brock, Trey              South Seneca        18:02
 7 Raes, Ike                Midlakes            19:58    1
11 Poyneer, Curtis          South Seneca        20:34
13 Clark-Cuson, Trevor      South Seneca        20:47
27 Trickey, Brayden         Midlakes            24:11    2
29 Finewood, Christopher    Midlakes            24:30    3
30 Bozada, Cemal            Midlakes            24:48    4
33 Jensen, Blake            Midlakes            25:41    5
36 Parry, James             South Seneca        26:28
```

Palmyra-Mace vs Penn Yan Aca 5000 Run
```
 2 Tette, Finn              Penn Yan Academy    18:38
 6 Smith, Brisco            Penn Yan Academy    19:31
15 McManus, Liam            Palmyra-Macedon     21:06
34 Wheeler, Zachary         Palmyra-Macedon     26:12
35 Galens, Jonathon         Palmyra-Macedon     26:26
```

Palmyra-Mace vs Red Jacket 5000 Run
```
 5 Poinan, Lonnie           Red Jacket          19:22    1
 8 Lepel, Josh              Red Jacket          20:17    2
10 Elmore, Lucas            Red Jacket          20:24    3
14 Laursen, Reed            Red Jacket          21:04    4
15 McManus, Liam            Palmyra-Macedon     21:06
19 Mobley, Sidney           Red Jacket          22:08    5
20 McWilliams, Daniel       Red Jacket          22:16    6
23 O'Hora, Liam             Red Jacket          23:18    7
26 Johnstone, Viktor        Red Jacket          23:49
31 Zhao, Justin             Red Jacket          25:06
34 Wheeler, Zachary         Palmyra-Macedon     26:12
35 Galens, Jonathon         Palmyra-Macedon     26:26
```

Palmyra-Mace vs Sodus Centra 5000 Run
```
 3 Heinkel, Tre             Sodus Central       19:12    1
 9 Cusworth, Logan          Sodus Central       20:20    2
15 McManus, Liam            Palmyra-Macedon     21:06
17 Tack, Kane               Sodus Central       21:24    3
21 Dearing, Bodhi           Sodus Central       22:19    4
24 Martinez, Will           Sodus Central       23:27    5
34 Wheeler, Zachary         Palmyra-Macedon     26:12
35 Galens, Jonathon         Palmyra-Macedon     26:26
```

Palmyra-Mace vs South Seneca 5000 Run
```
 1 Brock, Trey              South Seneca        18:02
11 Poyneer, Curtis          South Seneca        20:34
13 Clark-Cuson, Trevor      South Seneca        20:47
15 McManus, Liam            Palmyra-Macedon     21:06
34 Wheeler, Zachary         Palmyra-Macedon     26:12
35 Galens, Jonathon         Palmyra-Macedon     26:26
36 Parry, James             South Seneca        26:28
```

Penn Yan Aca vs Red Jacket 5000 Run
```
 2 Tette, Finn              Penn Yan Academy    18:38
 5 Poinan, Lonnie           Red Jacket          19:22    1
 6 Smith, Brisco            Penn Yan Academy    19:31
```

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....Event 2 Boys 5k Run CC

```
 8 Lepel, Josh               Red Jacket           20:17    2
10 Elmore, Lucas             Red Jacket           20:24    3
14 Laursen, Reed             Red Jacket           21:04    4
19 Mobley, Sidney            Red Jacket           22:08    5
20 McWilliams, Daniel        Red Jacket           22:16    6
23 O'Hora, Liam              Red Jacket           23:18    7
26 Johnstone, Viktor         Red Jacket           23:49
31 Zhao, Justin              Red Jacket           25:06
Penn Yan Aca vs Sodus Centra 5000 Run
 2 Tette, Finn               Penn Yan Academy     18:38
 3 Heinkel, Tre              Sodus Central        19:12    1
 6 Smith, Brisco             Penn Yan Academy     19:31
 9 Cusworth, Logan           Sodus Central        20:20    2
17 Tack, Kane                Sodus Central        21:24    3
21 Dearing, Bodhi            Sodus Central        22:19    4
24 Martinez, Will            Sodus Central        23:27    5
Penn Yan Aca vs South Seneca 5000 Run
 1 Brock, Trey               South Seneca         18:02
 2 Tette, Finn               Penn Yan Academy     18:38
 6 Smith, Brisco             Penn Yan Academy     19:31
11 Poyneer, Curtis           South Seneca         20:34
13 Clark-Cuson, Trevor       South Seneca         20:47
36 Parry, James              South Seneca         26:28
Red Jacket vs Sodus Centra 5000 Run
 3 Heinkel, Tre              Sodus Central        19:12    1
 5 Poinan, Lonnie            Red Jacket           19:22    2
 8 Lepel, Josh               Red Jacket           20:17    3
 9 Cusworth, Logan           Sodus Central        20:20    4
10 Elmore, Lucas             Red Jacket           20:24    5
14 Laursen, Reed             Red Jacket           21:04    6
17 Tack, Kane                Sodus Central        21:24    7
19 Mobley, Sidney            Red Jacket           22:08    8
20 McWilliams, Daniel        Red Jacket           22:16    9
21 Dearing, Bodhi            Sodus Central        22:19   10
23 O'Hora, Liam              Red Jacket           23:18   11
24 Martinez, Will            Sodus Central        23:27   12
26 Johnstone, Viktor         Red Jacket           23:49
31 Zhao, Justin              Red Jacket           25:06
Red Jacket vs South Seneca 5000 Run
 1 Brock, Trey               South Seneca         18:02
 5 Poinan, Lonnie            Red Jacket           19:22    1
 8 Lepel, Josh               Red Jacket           20:17    2
10 Elmore, Lucas             Red Jacket           20:24    3
11 Poyneer, Curtis           South Seneca         20:34
13 Clark-Cuson, Trevor       South Seneca         20:47
14 Laursen, Reed             Red Jacket           21:04    4
19 Mobley, Sidney            Red Jacket           22:08    5
20 McWilliams, Daniel        Red Jacket           22:16    6
23 O'Hora, Liam              Red Jacket           23:18    7
26 Johnstone, Viktor         Red Jacket           23:49
31 Zhao, Justin              Red Jacket           25:06
36 Parry, James              South Seneca         26:28
Sodus Centra vs South Seneca 5000 Run
 1 Brock, Trey               South Seneca         18:02
 3 Heinkel, Tre              Sodus Central        19:12    1
```

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....Event 2 Boys 5k Run CC

```
  9 Cusworth, Logan          Sodus Central            20:20     2
 11 Poyneer, Curtis          South Seneca             20:34
 13 Clark-Cuson, Trevor      South Seneca             20:47
 17 Tack, Kane               Sodus Central            21:24     3
 21 Dearing, Bodhi           Sodus Central            22:19     4
 24 Martinez, Will           Sodus Central            23:27     5
 36 Parry, James             South Seneca             26:28
```

                              Team Scores

Rank Team	Total	1	2	3	4	5	*6	*7	*8	*9

```
East Palmyra vs Honeoye Cent 5000 Run
   1 East Palmyra Christian    15    1    2    3    4    5    6
     Total Time:  1:46:47.00
         Average:    21:21.40
East Palmyra vs Midlakes 5000 Run
   1 East Palmyra Christian    19    1    3    4    5    6   10
     Total Time:  1:46:47.00
         Average:    21:21.40
   2 Midlakes                  37    2    7    8    9   11
     Total Time:  1:59:08.00
         Average:    23:49.60
East Palmyra vs Palmyra-Mace 5000 Run
   1 East Palmyra Christian    15    1    2    3    4    5    6
     Total Time:  1:46:47.00
         Average:    21:21.40
East Palmyra vs Penn Yan Aca 5000 Run
   1 East Palmyra Christian    15    1    2    3    4    5    6
     Total Time:  1:46:47.00
         Average:    21:21.40
East Palmyra vs Red Jacket 5000 Run
   1 Red Jacket                24    2    3    4    6    9   10   11
     Total Time:  1:43:15.00
         Average:    20:39.00
   2 East Palmyra Christian    33    1    5    7    8   12   13
     Total Time:  1:46:47.00
         Average:    21:21.40
East Palmyra vs Sodus Centra 5000 Run
   1 Sodus Central             27    1    3    6    8    9
     Total Time:  1:46:42.00
         Average:    21:20.40
   2 East Palmyra Christian    28    2    4    5    7   10   11
     Total Time:  1:46:47.00
         Average:    21:21.40
East Palmyra vs South Seneca 5000 Run
   1 East Palmyra Christian    15    1    2    3    4    5    6
     Total Time:  1:46:47.00
         Average:    21:21.40
Honeoye Cent vs Midlakes 5000 Run
   1 Midlakes                  15    1    2    3    4    5
     Total Time:  1:59:08.00
         Average:    23:49.60
Honeoye Cent vs Red Jacket 5000 Run
   1 Red Jacket                15    1    2    3    4    5    6    7
     Total Time:  1:43:15.00
         Average:    20:39.00
Honeoye Cent vs Sodus Centra 5000 Run
```

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....Event 2 Boys 5k Run CC

```
  1 Sodus Central              15    1    2    3    4    5
     Total Time:  1:46:42.00
        Average:    21:20.40
Midlakes vs Palmyra-Mace 5000 Run
  1 Midlakes                   15    1    2    3    4    5
     Total Time:  1:59:08.00
        Average:    23:49.60
Midlakes vs Penn Yan Aca 5000 Run
  1 Midlakes                   15    1    2    3    4    5
     Total Time:  1:59:08.00
        Average:    23:49.60
Midlakes vs Red Jacket 5000 Run
  1 Red Jacket                 19    1    3    4    5    6    7    8
     Total Time:  1:43:15.00
        Average:    20:39.00
  2 Midlakes                   44    2    9   10   11   12
     Total Time:  1:59:08.00
        Average:    23:49.60
Midlakes vs Sodus Centra 5000 Run
  1 Sodus Central              19    1    3    4    5    6
     Total Time:  1:46:42.00
        Average:    21:20.40
  2 Midlakes                   36    2    7    8    9   10
     Total Time:  1:59:08.00
        Average:    23:49.60
Midlakes vs South Seneca 5000 Run
  1 Midlakes                   15    1    2    3    4    5
     Total Time:  1:59:08.00
        Average:    23:49.60
Palmyra-Mace vs Red Jacket 5000 Run
  1 Red Jacket                 15    1    2    3    4    5    6    7
     Total Time:  1:43:15.00
        Average:    20:39.00
Palmyra-Mace vs Sodus Centra 5000 Run
  1 Sodus Central              15    1    2    3    4    5
     Total Time:  1:46:42.00
        Average:    21:20.40
Penn Yan Aca vs Red Jacket 5000 Run
  1 Red Jacket                 15    1    2    3    4    5    6    7
     Total Time:  1:43:15.00
        Average:    20:39.00
Penn Yan Aca vs Sodus Centra 5000 Run
  1 Sodus Central              15    1    2    3    4    5
     Total Time:  1:46:42.00
        Average:    21:20.40
Red Jacket vs Sodus Centra 5000 Run
  1 Red Jacket                 24    2    3    5    6    8    9   11
     Total Time:  1:43:15.00
        Average:    20:39.00
  2 Sodus Central              34    1    4    7   10   12
     Total Time:  1:46:42.00
        Average:    21:20.40
Red Jacket vs South Seneca 5000 Run
  1 Red Jacket                 15    1    2    3    4    5    6    7
     Total Time:  1:43:15.00
        Average:    20:39.00
Sodus Centra vs South Seneca 5000 Run
  1 Sodus Central              15    1    2    3    4    5
     Total Time:  1:46:42.00
```

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```
        Average:      21:20.40
```